



Young Rugby Union Football Club Inc.

ABN 32 158 095 763
PO BOX 330, YOUNG NSW 2594

POSITION DESCRIPTION 2015 YOUNG RUGBY CLUB COMMITTEE

STRAPPER & FIRST AID OFFICER

As Team Strapper and First Aid Officer in a contact sport, you'll strap players to prevent injury and to make sure any injuries are treated immediately to minimise long-term damage. Thanks to you the right people will be on hand with the right equipment during matches and training.

Ideally, you'll need to be:

- An experienced Strapper and First Aider
- Well-organised
- Enthusiastic and dedicated to your club
- Empathetic

What you'll do:

- Make sure Tape, First Aid equipment and kits are suitable and available
- Recommend training to make sure there are enough skilled volunteers to cover the club's First Aid requirements
- Make sure the right people are trained and up-to-date with their First Aid qualifications, and understand the club's emergency procedures
- Arrange refresher training when appropriate
- Keep records of player medical conditions and injuries
- Complete incident/injury reports as they happen in line with ARU regulations
- Promote the welfare of all club members based on ARU guidelines and club policy (e.g. management of concussion injuries)

How much time it will take up:

About 6 hours a week.

What you'll get out of it:

Injuries happen, so your role is vital in making sure players are treated quickly and efficiently. This role is all about teamwork, managing others, and making sure players have the right level of care on hand. You're making the best of bad situations. It's also a great way of staying involved in the game if you've already hung up your boots.